

# HIGH TRUST THINKING-YOU'RE THE GREAT GIFT!

## A SCIENCE BASED, PERFORMING ART

Location: INCITO SCHOOLS.  
Date: JULY 2014  
Presenter: Dennis M. McLoughlin

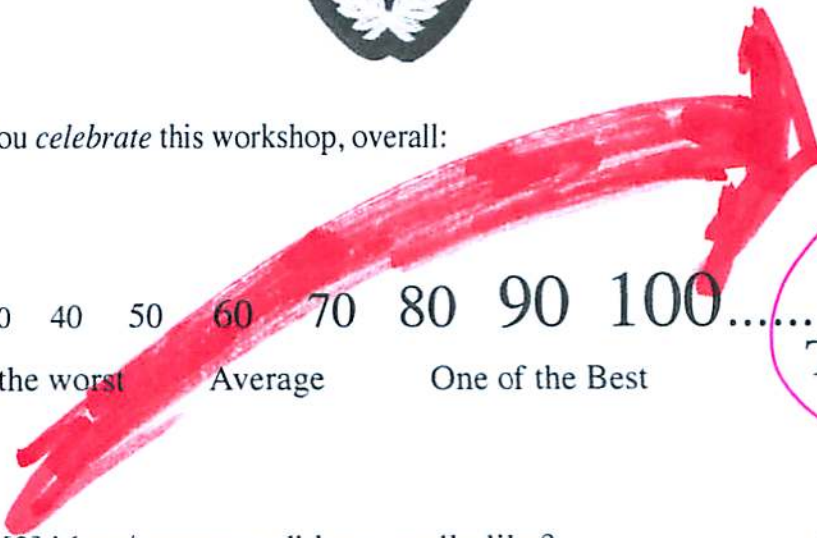


Name [optional to you, important to me]

Jen Avene II

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best



A class that I can actually use in my classroom!  
the High Trust experience!  
**100+**  
The Best Ever!  
😊

2. What three [3] ideas/concepts did you really like?

- a. How to turn a negative into a positive.
- b. How to make every learner feel Successful!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Trust people put their energy into the solution. Controllers put their energy into the problem.
- b. You may think again for more success.



4. Dennis, I want more [and you'll have it!].....  
Grade Level scenerios.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

I love this whole concept.

It is wonderful how easy it is to turn a negative into a positive!



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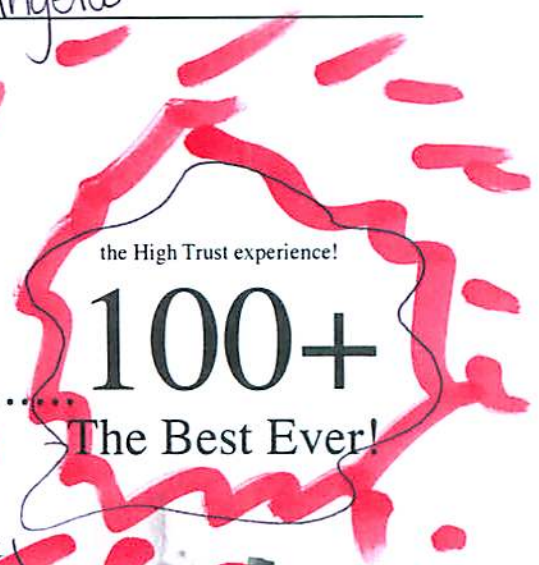
Name [optional to you, important to me]

Angela

1. How would you *celebrate* this workshop, overall:

Sharing it with my sisters!

0 10 20 30 40 50 60 70 80 90 100.....  
 One of the worst Average One of the Best



2. What three [3] ideas/concepts did you really like? ~~ARFF!~~

- a. Those who protect the kids, set the standards.
- b. The more you give to yourself, the more you give to the kids. 3) kids want real people



3. What two (2) phrases/quotes in this workshop did you really like?

- a. As long as you care about what people think you will be a slave.
- b. Whoever has the expectation is going to pay the price



4. Dennis, I want more [and you'll have it!].....

Role-playing in groups to practice the language / concepts.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

This workshop changed my world and I'm so excited to use it in my life and the classroom

With total gratitude.

*Angela*



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Name [optional to you, important to me]

Peter Sharbary

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
 One of the worst Average One of the Best

the High Trust experience!  
**100+**  
 The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. You are not the problem or create over the person owns it
- b. Have fun with life/sequence theory



3. What two (2) phrases/quotes in this workshop did you really like?

- a. If you can't annoy someone what's the point
- b. Take total responsibility when you speak.



4. Dennis, I want more [and you'll have it!].....  
of your stories. Ability to show myself I can do it.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

You are the most non offensive person that ever gave a seminar. This has allowed me to accept love. Thank you

Dennis M. McLoughlin

**Wow!**

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Location: INCITO SCHOOLS.  
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Name [optional to you, important to me]

Autumn Castillo

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best



2. What three [3] ideas/concepts did you really like?

- a. Double Scoop + Throwing away the List
- b. Positive truth
- c. The Trust map ☺



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Love more, care less!
- b. Anything Vern Walker says ☺  
2 successes are coming in 10 seconds



4. Dennis, I want more [and you'll have it!].....

I want more modeled scenarios as a fabulous teaching tool.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,



Denny,

Throughout the last 10 years of living High Trust, you have touched every student I've loved, every family member I have, every friend and their families and countless strangers I've been blessed to meet.

Thank you for living your code and sharing your BIG BRILLANT BRAIN with the world. You truly are a blessing!

If I had a fabulous upper class British accent, I would say I "highly reccomend" this class to everyone!

Blessings and Love,

Autumn Castillo

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Location: INCITO SCHOOLS.  
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Name [optional to you, important to me]

April Black

1. How would you *celebrate* this workshop, overall:

*Life changing*

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst      Average      One of the Best

the High Trust experience!

**100+**

**The Best Ever!**

2. What three [3] ideas/concepts did you really like?

a. ARFF

b. Guidelines for Achievement



3. What two (2) phrases/quotes in this workshop did you really like?

a. Hang in <sup>on the</sup> Problem - wear yourself out.

b. You make take total responsibility.



4. Dennis, I want more [and you'll have it!].....

*We want you back in spring  
 Feb?*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

*When I was just 20 years of age I first met you and my life has been influenced in the positive ever since. You have gifted*

*Dennis M. McLoughlin*

me beyond imagination. I am grateful  
for you, The Lord bringing you in  
my world of influence.

Thank You for keeping me focused  
on making a positive difference  
in our world. I Love being with  
You!!

April Black



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Name [optional to you, important to me]

DES HOCKMAN

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
 One of the worst      Average      One of the Best

the High Trust experience!  
**100+**  
 The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. tell ppl how to make you happy
- b. Influence ppl to listen to you, stop repeating yourself!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Have a problem wear yourself out
- b. If someone is sick you can love them from a distance



4. Dennis, I want more [and you'll have it!].....

Practice in not giving unasked for advice.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

This workshop has allowed me to love others and myself deeply and with honesty.

With total gratitude.

*Dennis M. McLoughlin*



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Name [optional to you, important to me]

Jayson

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst                      Average                      One of the Best



2. What three [3] ideas/concepts did you really like?

- a. Growing w/ Gratitude
- b. What I permit I teach



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Those who blame... lose the ability to change.
- b. Love More... Care less!



4. Dennis, I want more [and you'll have it!].....

Modeling ; Practice

5. Please share some of your **POSITIVE** personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude,

Dennis M. McLoughlin

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Name [optional to you, important to me]

Jennifer Pyer

1. How would you *celebrate* this workshop, overall:

This workshop gave me the skills to put into action what I have always felt in my spirit to be true and correct.

the High Trust experience!

**100+**

The Best Ever!

~~0 10 20 30 40 50 60 70 80 90 100.....~~

One of the worst

Average

One of the Best

2. What three [3] ideas/concepts did you really like?

- a. Mistakes are a place for new learning to go.
- b. Growing from gratitude.
- c. In TP we do not punish or let it slide, we model and practice.

3. What two (2) phrases/quotes

in this workshop did you really like?

- a. Modeling is teaching; telling is  $\emptyset$ .
- b. What I permit, I teach.

4. Dennis, I want more [and you'll have it!].....

practice and support (I know I'll have those 2 things here at Incito.)

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

I am filled with gratitude for learning High Trust!

With total gratitude.


*Dennis M. McLoughlin*



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Name [optional to you, important to me]

SEAN HARRIS

1. How would you *celebrate* this workshop, overall:

I ABSOLUTELY LOVED THIS CLASS  
THERE WERE MANY THINGS THAT CLICKED  
WITH ME AND CONFIRMED MY STYLE OF THINKING

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

**100+**

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. TRUST VS CONTROL

b. GROWING WITH GRATITUDE



3. What two (2) phrases/quotes in this workshop did you really like?

a. PUT YOUR ENERGY INTO THE FUTURE

b. SCHOOL IS PRACTICE  
SCHOOL IS NOT THE GAME



4. Dennis, I want more [and you'll have it!].....

I WOULD LIKE MORE OF EVERYTHING  
BUT IF I NEED TO BE SPECIFIC/MORE OF  
WHAT IT LOOKS LIKE DEEP INTO LESSONS WOULD BE GOOD.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

I ENJOYED THE WAY IN WHICH  
THINGS WERE PRESENTED. IT WAS  
FUN, EXCITING, AND EDUCATIONAL. THIS MAKES  
SO MUCH SENSE AND FITS SO WELL WITH MY EDUCATIONAL  
PHILOSOPHIES.

With total gratitude.

**WOW!**

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Name [optional to you, important to me]

Chrissy

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

a. ARFF

b. Those who blame lose the ability to change



3. What two (2) phrases/quotes in this workshop did you really like?

a. Mistakes are where the learning goes

b. Fasting through sick



4. Dennis, I want more [and you'll have it!].....

On how to lose the personal list.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

I'm growing my roots - it may be a while before you see my buds but they are coming!!

With total gratitude.

Dennis M. McLoughlin



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Name [optional to you, important to me]

Kristy Sporkman

1. How would you *celebrate* this workshop, overall:

*This has changed the way I look at  
So Much in my life!*

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

the High Trust experience!

**100+**

**The Best Ever!**

2. What three [3] ideas/concepts did you really like?

a. Arff

b. double scoop  
PHD in psychology

3. What two (2) phrases/quotes

in this workshop did you really like?

a. let it go

b. all energy put to solution.

4. Dennis, I want more [and you'll have it!].....

*how to distinguish between celebrating  
vs Dangling loose.*

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]



With total gratitude,

*Dennis M. McLoughlin*

unnecessary

→ Dennis, This whole week has helped me put my whole life into a different perspective. I have so many difficult things I am dealing with and just the idea of letting go of my lists have helped lift so much anger and stress!

You are an exciting, delightful, and AMAZING. And...

when ~~if~~ Adam and I do set a date you are officially on the invite list!!!



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Name [optional to you, important to me]

Beth Campbell

1. How would you *celebrate* this workshop, overall:

They (April & Amanda) said that this would change my life, & they were right



the High Trust experience!  
**100+**  
 The Best Ever!

*I know that's written in the negative.*

2. What three [3] ideas/concepts did you really like?

a. please/thank you - personal favors

b. Don't apologize for who you are - have a code & stick to it

\* Go to solution - focus on the positive

3. What two (2) phrases/quotes in this workshop did you really like?

a. If you aren't irritating someone you aren't living.

b. People already dislike you, why not be the real you?

4. Dennis, I want more [and you'll have it!].....

Practice, which will come naturally as I use this & think in this way!

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

It's amazing to think of the power this approach to living has. I'm excited to grow personally & professionally. People don't celebrate themselves or others enough. It's easy to focus on the negative, & I'm grateful to be in an environment that sees to the positive.

With total gratitude,

*[Signature]*





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Name [optional to you, important to me]

Abbey Hockman

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. questioning, not telling
- b. the double scoop
- c. positive truth



3. What two (2) phrases/quotes

in this workshop did you really like?

- a. "You may look <sup>this way</sup> here for more success"
- b. "Those who blame lose the ability to change"



4. Dennis, I want more [and you'll have it!].....

role plays & practice ☺

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.

Denny- It is a joy being able to spend time with you. This class is encouraging. I love the skills I have learned and see how they will support my learners in being

*[Handwritten signature]*

responsible for their choices! ☺



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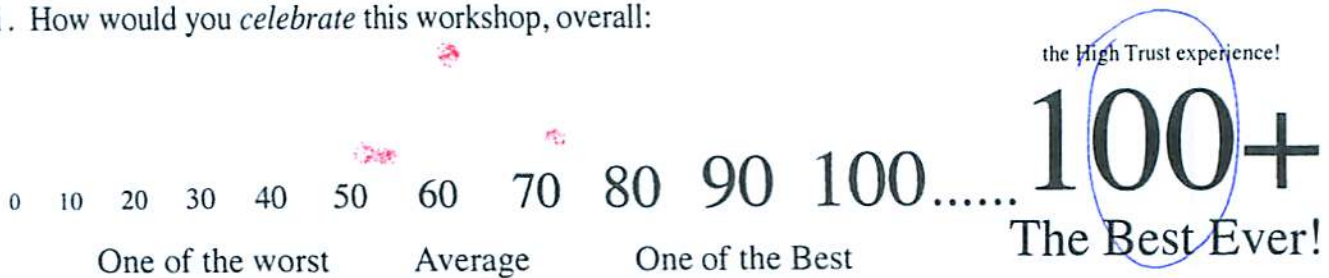
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Name [optional to you, important to me]

Judy Chappel

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Double Scoop - they're not after me.
- b. Trust - the kids gotta know I mean what I say.
- c. you may / you can



3. What two (2) phrases/quotes in this workshop did you really like?

- a. We don't make students we influence them
- b. Fair means everyone gets what they need. It does not mean equal.



4. Dennis, I want more [and you'll have it!].....

Stories! They're great

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

Every so often when Denni is speaking, all of a sudden he just yells I love it! It keeps me engaged.

With total gratitude.

**Wow**

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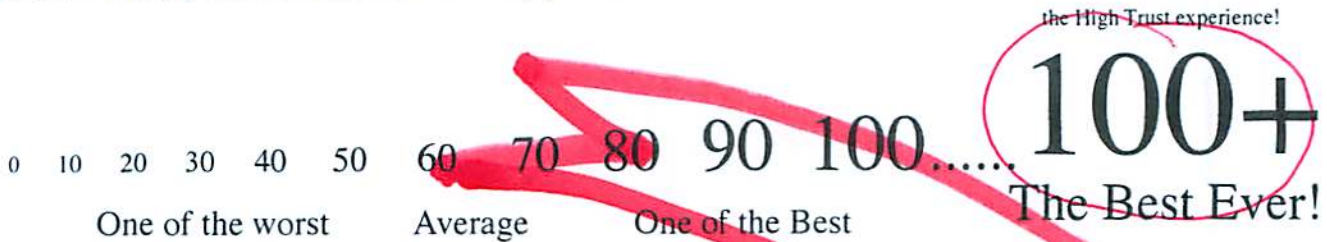
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Name [optional to you, important to me]

Brook Avenell

1. How would you *celebrate* this workshop, overall:



2. What three [3] ideas/concepts did you really like?

- a. Achieve, Respect, Fun, Freedom.
- b. Safe learning environment for every learner. Building relationships with learners. Let the list go!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. If you are not irritating someone.
- b. ARFF



4. Dennis, I want more [and you'll have it!].....

I enjoyed the situations in class and how to prepare for them in my classroom.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

I have been teaching for awhile and have not been filling my ARFF. This class helped me to be a better teacher, friend, and person. I am thrilled to be at Incito to

With total gratitude.



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Name [optional to you, important to me]

Wendy

1. How would you *celebrate* this workshop, overall:

the High Trust experience!

0 10 20 30 40 50 60 70 80 90 100.....

One of the worst

Average

One of the Best

100+

The Best Ever!

2. What three [3] ideas/concepts did you really like?

a. Valleys & canyons

b. ARFF

c. Not letting things get you & not letting things slide



3. What two (2) phrases/quotes

in this workshop did you really like?

a. Don't be puddle people!

b. Women get respect by stopping begging



4. Dennis, I want more [and you'll have it!].....

Practice / review

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.

[ON THE BACK IF YOU WANT MORE ROOM]

Wow! This was amazing!

With total gratitude,

This class has changed my life and prevented me from being a puddle person! It was so fun! U

Dennis M. McLoughlin

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 Date: JULY 2014  
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Name [optional to you, important to me]  
 \_\_\_\_\_

1. How would you *celebrate* this workshop, overall:

the High Trust experience!



2. What three [3] ideas/concepts did you really like?

- a. the Growing with Gratitude Chart.
- b. Learning about my ARFF
- c. modeling how to set the standard!



3. What two (2) phrases/quotes in this workshop did you really like?

- a. mistakes are where the new learning goes
- b. \_\_\_\_\_



4. Dennis, I want more [and you'll have it!].....

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

I love how engaging you are, it keeps all of our attention & makes it FUN!

With total gratitude,



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Name [optional to you, important to me]

Patrick Hovan

1. How would you *celebrate* this workshop, overall:

0 10 20 30 40 50 60 70 80 90 100.....  
One of the worst      Average      One of the Best

the High Trust experience!

**100+**  
The Best Ever!

2. What three [3] ideas/concepts did you really like?

- a. giving choices, following through
- b. ARFF
- c. Double Scoop

3. What two (2) phrases/quotes in this workshop did you really like?

- a. Picasso quote
- b. All of the acting

4. Dennis, I want more [and you'll have it!].....

I just need to practice.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
[ON THE BACK IF YOU WANT MORE ROOM]

This is a wonderful program. It is exciting to bring my personal beliefs and integrate that into my teaching. I also loved the positivity and questioning techniques you used, I plan to use these in my everyday life. Kayla and Zoey loved you.

With total gratitude.

Dennis M. McLoughlin



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Name [optional to you, important to me]

Art Jones

1. How would you *celebrate* this workshop, overall:

the High Trust experience!



2. What three [3] ideas/concepts did you really like?

- a. Negative can't teach a positive.
- b. Modeling is ~~soo~~ teaching, telling is zero.  
I don't like puddle people either



3. What two (2) phrases/quotes in this workshop did you really like?

- a. Fair means everybody gets what they need, not equal.
- b. Celebrating is part of the fabric of learning.



4. Dennis, I want more [and you'll have it!].....

Honesty.

5. Please share some of your POSITIVE personal thoughts with me, which others might enjoy.  
 [ON THE BACK IF YOU WANT MORE ROOM]

With total gratitude.  
It is refreshing to hear someone speak who isn't afraid to take a stand for something.  
I enjoy your honesty! God bless